



SPRINT BIKE COURSE CUE SHEET

- Exit transition onto Walnut St.
- Turn RT onto S. Main St.
- S. Main St. becomes Rt. 272 South
- Turnaround on Rt. 272 (at about 5 mile mark)
- Travel on Rt. 272 North
- Turn RT onto McKinneytown Rd.
- SPRINT turn LEFT onto Old Elk Neck (OLYMPIC Stay straight)
- Turn LEFT onto Irishtown Rd.
- Turn RT (into left lane) onto Rt. 272
- Turn LEFT onto Walnut St. back to transition (SPRINT DISTANCE 15.6 miles)

OLYMPIC BIKE COURSE CUE SHEET

- Exit transition onto Walnut St.
- Turn RT onto S. Main St.
- S. Main St. becomes Rt. 272 South
- Turnaround on Rt. 272 (at about 5 mile mark)
- Travel on Rt. 272 North
- Turn RT onto McKinneytown Rd.
- OLYMPIC stay straight at Old Elk Neck (SPRINT turn LEFT onto Old Elk Neck)
- Turn LEFT onto Old Field Pt. Rd.
- Turn LEFT onto Jonas Chapel Rd.
- Turn LEFT onto Old Elk Neck Rd.
- Turn RT onto Irishtown Rd.
- Turn RT (into left lane) onto Rt. 272
- Turn LEFT onto Walnut St. back to transition (OLYMPIC DISTANCE 23.2 miles)