



SPRINT BIKE COURSE

CGI RACING

BIKE COURSE DIRECTIONS

- Exit transition and go **RT** onto New Rd. (main Park Rd.)
- Turn **RT** onto Hughes Rd.
- Turn **RT** onto Quakerbridge Rd.
- Turn **RT** onto Village Rd. West
- Turn **RT** onto S. Post Rd.
- Turn **LEFT** onto Conover Rd.
- Turn **LEFT** onto Edinburg/ Dutch Neck Rd.
- Turn **RT** onto New Village Rd.
- Turn **RT** onto Old Trenton Rd.
- Turn **RT** onto New Rd. (main Park Rd.)
- Dismount bike on New Rd. in front of transition

(Sprint bike 11.5 miles)

